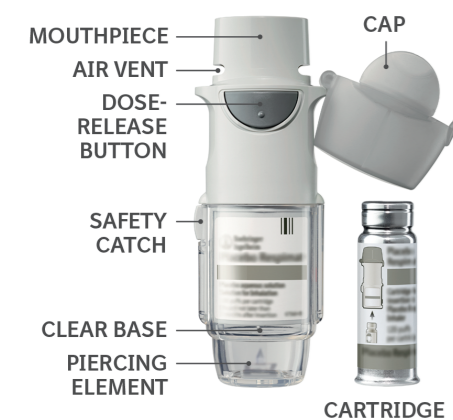


THIS PLACEBO RESPIMAT SHOULD ONLY BE ADMINISTERED UNDER DIRECT MEDICAL SUPERVISION

This training kit will help you to demonstrate to your patients the handling of the PLACEBO RESPIMAT inhaler, before they begin taking their medicine. The PLACEBO RESPIMAT inhaler provided with this training kit should only be used with the enclosed placebo cartridge (max. of 4 puffs). It is not to be used with active drug. In rare case it may cause bronchoconstriction which should be treated by the medical professional with appropriate medication (i.e. bronchodilators). The PLACEBO RESPIMAT cartridge in this training kit contains aqueous solution with benzalkonium chloride as preservative, disodium edetate as stabilizer and hydrochloric acid for pH adjustment.



How to store my PLACEBO RESPIMAT

- Keep your PLACEBO RESPIMAT out of the sight and reach of children.
- Do not freeze your PLACEBO RESPIMAT.
- If PLACEBO RESPIMAT has not been used for more than 7 days release one puff towards the ground.
- If PLACEBO RESPIMAT has not been used for more than 21 days repeat steps 4 to 6 under 'Prepare for first Use' until a cloud is visible. Then repeat steps 4 to 6 three more times.
- Do not use your PLACEBO RESPIMAT after the expiry date.

How to care for your PLACEBO RESPIMAT

Clean the mouthpiece including the metal part inside the mouthpiece with a damp cloth or tissue only, at least once a week.

Any minor discoloration in the mouthpiece does not affect your PLACEBO RESPIMAT inhaler performance.

When to get a new PLACEBO RESPIMAT



- Your PLACEBO RESPIMAT inhaler contains 120 puffs if used as indicated.
- The dose indicator shows approximately how much medication is left.
- When the dose indicator enters the red area of the scale you need to get a new prescription; there are approximately 30 puffs left.
- Once the dose indicator reaches the end of the red scale, your PLACEBO RESPIMAT locks automatically – no more doses can be released. At this point, the clear base cannot be turned any further.
- Three months after first use, the PLACEBO RESPIMAT should be discarded even if it has not been used.

Prepare for first use

- 1 Remove clear base**
- Keep the cap closed.
 - Press the safety catch while firmly pulling off the clear base with your other hand.



- 2 Insert cartridge**
- Insert the narrow end of the cartridge into the inhaler.
 - Place the inhaler on a firm surface and push down firmly until it snaps into place.



- 3 Replace clear base**
- Put the clear base back into place until it clicks.



- 4 Turn**
- Keep the cap closed.
 - Turn the clear base in the direction of the arrows on the label until it clicks (half a turn).



- 5 Open**
- Open the cap until it snaps fully open.



- 6 Press**
- Point the inhaler toward the ground.
 - Press the dose-release button.
 - Close the cap.
 - Repeat steps 4-6 until a cloud is visible.
 - **After a cloud is visible**, repeat steps 4-6 three more times.



Daily use

TURN

- Keep the cap closed.
- **TURN** the clear base in the direction of the arrows on the label until it clicks (half a turn).



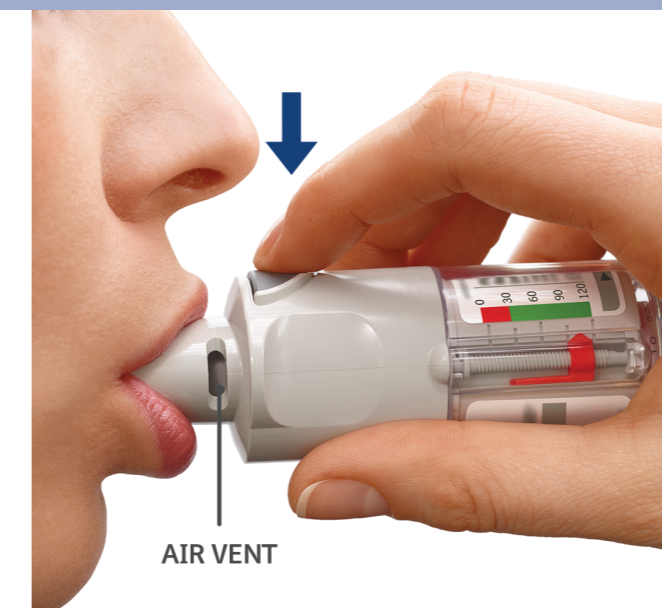
OPEN

- **OPEN** the cap until it snaps fully open.



PRESS

- Breathe out slowly and fully.
- Close your lips around the mouthpiece without covering the air vents.
- While taking a slow, deep breath through your mouth, **PRESS** the dose-release button and continue to breathe in.
- Hold your breath for 10 seconds or for as long as comfortable.
- Repeat Turn, Open, Press for a total of 2 puffs.



Answers to Common Questions

It is difficult to insert the cartridge deep enough.

Did you accidentally turn the clear base before inserting the cartridge? Open the cap, press the dose-release button, then insert the cartridge.

Did you insert the cartridge with the wide end first? Insert the cartridge with the narrow end first.

The dose indicator on the PLACEBO RESPIMAT reaches zero too soon.

Did you use PLACEBO RESPIMAT as indicated (two puffs/once daily)? PLACEBO RESPIMAT will last 30 days if used at two puffs once daily.

Did you turn the clear base before you inserted the cartridge? The dose indicator counts each turn of the clear base regardless whether a cartridge has been inserted or not.

Did you spray in the air often to check whether the PLACEBO RESPIMAT is working? Once you have prepared PLACEBO RESPIMAT, no test-spraying is required if used daily.

Did you insert the cartridge into a used PLACEBO RESPIMAT? Always insert a new cartridge into a **NEW** PLACEBO RESPIMAT.

I cannot press the dose-release button.

Did you turn the clear base? If not, turn the clear base in a continuous movement until it clicks (half a turn).

Is the dose indicator on the PLACEBO RESPIMAT pointing to zero? The PLACEBO RESPIMAT inhaler is locked after 120 puffs. Prepare and use your new PLACEBO RESPIMAT inhaler.

My PLACEBO RESPIMAT sprays automatically.

Was the cap open when you turned the clear base? Close the cap, then turn the clear base.

Did you press the dose-release button when turning the clear base? Close the cap, so the dose-release button is covered, then turn the clear base.

Did you stop when turning the clear base before it clicked? Turn the clear base in a continuous movement until it clicks (half a turn).

I cannot turn the clear base.

Did you turn the clear base already? If the clear base has already been turned, follow steps "OPEN" and "PRESS" under "Daily Use" to get your medicine.

Is the dose indicator on the PLACEBO RESPIMAT pointing to zero? The PLACEBO RESPIMAT inhaler is locked after 120 puffs. Prepare and use your new PLACEBO RESPIMAT inhaler.

My PLACEBO RESPIMAT doesn't spray.

Did you insert a cartridge? If not, insert a cartridge.

Did you repeat TURN, OPEN, PRESS less than three times after inserting the cartridge? Repeat TURN, OPEN, PRESS three times after inserting the cartridge as shown in the steps 4 to 6 under "Prepare for first Use".

Is the dose indicator on the PLACEBO RESPIMAT pointing to 0? If the dose indicator points to 0, you have used up all your medication and the inhaler is locked.

Once your PLACEBO RESPIMAT is assembled, do not remove the clear base or the cartridge. Always insert a new cartridge into a **NEW** PLACEBO RESPIMAT.