

Prepare for use

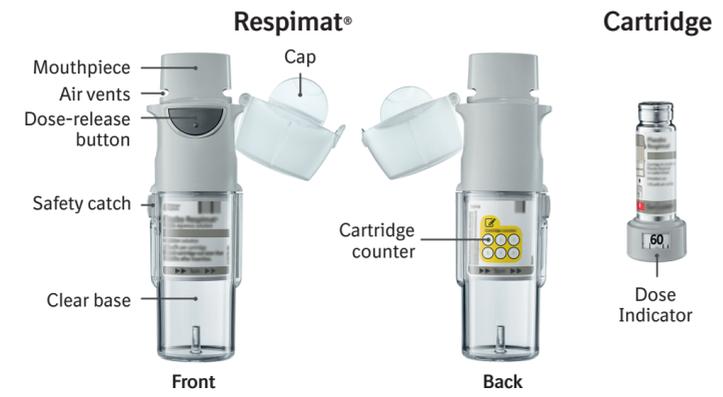
Daily use

Answers to Common Questions

THIS PLACEBO RESPIMAT SHOULD ONLY BE ADMINISTERED UNDER DIRECT MEDICAL SUPERVISION

This training kit will help you to demonstrate to your patients the handling of the PLACEBO RESPIMAT inhaler, before they begin taking their medicine. The PLACEBO RESPIMAT inhaler provided with this training kit should only be used with the enclosed placebo cartridge (max. of 4 puffs). It is not to be used with active drug. In rare case it may cause bronchoconstriction which should be treated by the medical professional with appropriate medication (i.e. bronchodilators).

The PLACEBO RESPIMAT cartridge in this training kit contains aqueous solution with benzalkonium chloride as preservative, disodium edetate as stabilizer and hydrochloric acid for pH adjustment.



1 Remove clear base

- Keep the cap closed.
- Press the safety catch while pulling off the clear base with your other hand.



2 Insert cartridge

- Insert the cartridge into the inhaler.
- Place the inhaler on a firm surface and push down firmly until it clicks into place.



3 Track cartridge

- Mark the check-box on inhaler's label to track the number of cartridges.
- Put the clear base back into place until it clicks.



4 Turn

- Keep the cap closed.
- Turn the clear base in the direction of the arrows on the label until it clicks (half a turn).



5 Open

- Open the cap until it snaps fully open.



6

- **Press**
 - Point the inhaler toward the ground.
 - Press the dose-release button.
 - Close the cap.
 - Repeat steps 4-6 until a cloud is visible.
 - **After a cloud is visible**, repeat steps 4-6 three more times.
- Your inhaler is now ready to use and will deliver 60 puffs (30 doses).



TURN

- Keep the cap closed.
- **TURN** the clear base in the direction of the arrows on the label until it clicks (half a turn).



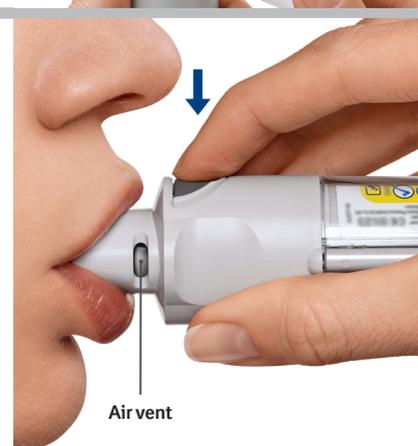
OPEN

- **OPEN** the cap until it snaps fully open.



PRESS

- Breathe out slowly and fully.
- Close your lips around the mouthpiece without covering the air vents. Point your inhaler to the back of your throat.
- While taking a slow, deep breath through your mouth, **PRESS** the dose-release button and continue to breathe in slowly for as long as comfortable.
- Repeat **TURN, OPEN, PRESS** for a total of 2 puffs.
- Close the cap until you use your inhaler again.



- If not been used for more than 7 days release one puff towards the ground.
- If not been used for more than 21 days repeat steps 4 to 6 under 'Prepare for use' until a cloud is visible. Then repeat steps 4 to 6 three more times.

How to care for your Placebo Respimat re-usable

Clean the mouthpiece including the metal part inside the mouthpiece with a damp cloth or tissue only, at least once a week.

Any minor discoloration in the mouthpiece does not affect your Placebo Respimat re-usable inhaler performance.

If necessary, wipe the outside of your Placebo Respimat re-usable inhaler with a damp cloth.

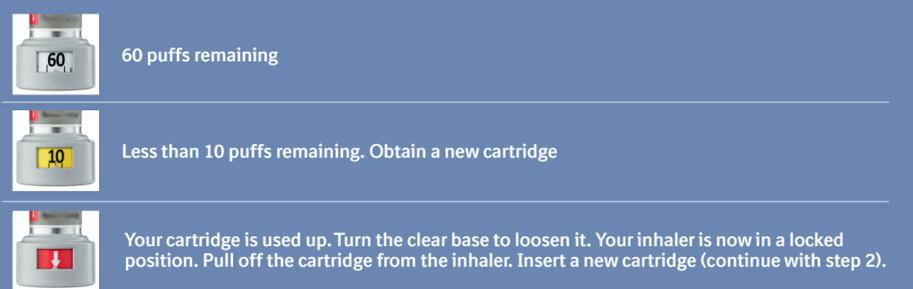
When to replace the inhaler

When you have used an inhaler with 6 cartridges, get a new Placebo Respimat re-usable pack containing an inhaler.



When to replace the Placebo Respimat cartridge

The dose indicator shows how many puffs remain in the cartridge.



<p>It is difficult to insert the cartridge deep enough.</p>	<p>I cannot press the dose-release button.</p>	<p>I cannot turn or replace the clear base.</p>
<p>Did you accidentally turn the clear base before inserting the cartridge? Open the cap, press the dose-release button, then insert the cartridge.</p> <p>Are you replacing the cartridge? The new cartridge will stick out more than the very first cartridge. Insert it until it clicks, then replace the clear base.</p>	<p>Did you turn the clear base? If not, turn the clear base in a continuous movement until it clicks (half a turn).</p> <p>Does the dose indicator on your cartridge display a white arrow on a red background? Your cartridge is used up. Insert a new cartridge.</p>	<p>Did you turn the clear base already? If the clear base has already been turned, follow steps "OPEN" and "PRESS" under "Daily Use".</p> <p>Is the clear base loose and does the dose indicator on your cartridge display a white arrow on a red background? Your cartridge is used up. Insert a new cartridge.</p>
<p>It is difficult to remove the cartridge after it is used up.</p>		
<p>Pull and turn the cartridge at the same time.</p>		
<p>My Respimat re-usable has been used up too early.</p>	<p>My Respimat re-usable doesn't spray.</p>	<p>My Respimat re-usable sprays automatically.</p>
<p>Did you spray in the air often to check whether the Respimat re-usable is working? Once you have prepared Respimat re-usable, no test-spraying is required if used daily.</p>	<p>Did you insert a cartridge? If not, insert a cartridge. Once your Respimat re-usable is assembled, do not remove the clear base or the cartridge until the cartridge is used up.</p> <p>Did you repeat Turn, Open, Press less than three times after inserting the cartridge? Repeat TURN, OPEN, PRESS three times after inserting the cartridge as shown in the steps 4 to 6 under "Prepare for use".</p> <p>Does the dose indicator on your cartridge display a white arrow on a red background? Your cartridge is used up. Insert a new cartridge.</p>	<p>Was the cap open when you turned the clear base? Close the cap, then turn the clear base.</p> <p>Did you press the dose-release button when turning the clear base? Close the cap, so the dose-release button is covered, then turn the clear base.</p> <p>Did you stop when turning the clear base before it clicked? Turn the clear base in a continuous movement until it clicks (half a turn).</p> <p>Was the cap open when you replaced the cartridge? Close the cap, then replace the cartridge.</p>